

Camp V.I.B.E.



Virtual Intensive Behavioral Experience



Emotional Regulation

Build a toolbox of strategies to respond to and regulate emotions with licensed therapists and peers.



Executive Functioning

Tailored skills-based groups to simulate cognitive flexibility, self-control, and organization.



Social Skills

Enhance and process social skills through connecting with peers navigating similar challenges.

This summer, Charlie Health welcomes students ages 11-18 to join us for Camp V.I.B.E.!

With a focus on experiential therapy in skills-based groups, our program consists of 9 hours of live programming per week, led by licensed clinicians, art therapists, yoga therapists, and music therapists.

Monday-Thursday

10am-1pm PT

Saturday

8am-11am PT

11am-2pm PT

Rolling admissions all year long

Contact us: (513) 995-1201

admissions@charliehealth.com

