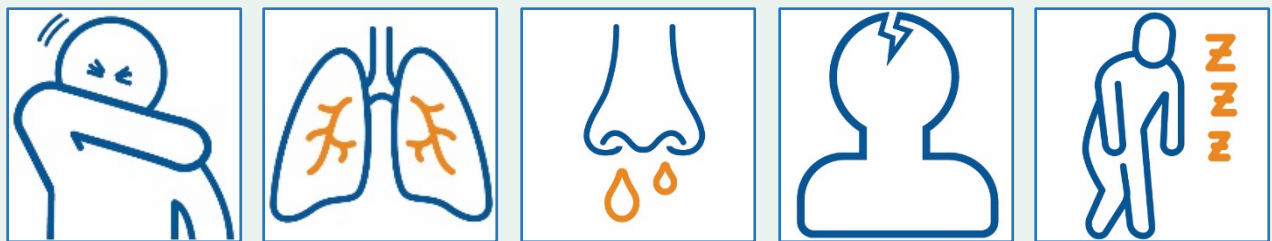# Know the difference between symptoms of smoke exposure and COVID-19
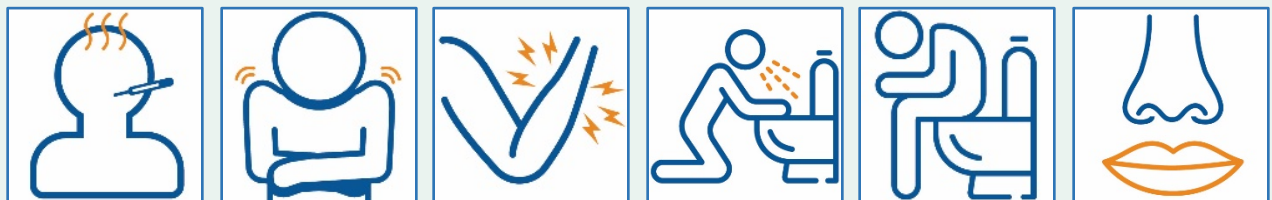
Symptoms that can be caused by both wildfire smoke and COVID-19:

- Cough, difficulty breathing, runny nose, headache, and fatigue

Symptoms not related to wildfire smoke exposure:

- Fever, chills, muscle and body aches, vomiting, diarrhea, and loss of taste or smell

If you have any of these symptoms, the Centers for Disease Control (CDC) COVID-19 Self-Checker can help you determine whether you need to contact a health care provider.

If you have severe symptoms, like difficulty breathing or chest pain, immediately call 911 or the nearest emergency facility.

Document accessibility: For individuals with disabilities or individuals who speak a language other than English, OHA can provide information in alternate formats such as translations, large print, or braille. Contact Mavel Morales at 1-844-882-7889, 711 TTY or OHA.ADAModifications@dhsoha.state.or.us.